

Minor Procedures Checklist

Minor procedures include angiogram, dialysis access surgery and open varicose vein surgery

- Please advise your doctor if you have had COVID in the last 4 weeks.

- If you are on strong blood thinners such as Rivaroxaban (Xarelto), Apixaban (Eloquis), Predaxa (Dabigatran), they need to be stopped 36 hours prior to your procedure.

- If you are on the strong blood thinner Warfarin, this must be stopped 7 days prior to your procedure. Should your doctor have prescribed you injections with Clexane in the intervening period between stopping Warfarin and the operation, these should be stopped 36 hours before the operation.

- If you take mild blood thinners like aspirin and/or clopidogrel they should be continued.

- If you are a diabetic who is taking metformin this should be stopped the day before the procedure. If you have kidney problems this medication should also be withheld for 48 hours after your procedure if you had any dye injected (angiogram).

- If you are on diabetic medications that contain dapagliflozin or empagliflozin (Forxiga, Qtern, Xigduo XR, Jardiance, Jardiamet or Glyxambi) these need to be stopped for 3 days prior to your procedure and may be withheld for up to 4 days afterwards.

- The anaesthetist will advise you on your insulin should you be taking that.

- Please take a shower the evening before the procedure and clean the areas where we will be cutting or inserting instruments through the skin with soap (which would be the groin region for angiograms).

- Do not have any food after midnight before your procedure.

- Do not smoke after midnight before your procedure.

- You can have clear fluids (but no coffee, milk, juices with pulp etc.) until 5.30am in the morning on the day of your procedure.

- Please ensure that you arrive at the hospital on time. The check-in process can be lengthy and it is important to prevent delays and avoid cancellations.

- Even when you are not the first patient on the list, you may still have to come in very early as sometimes we will need to change the list order due to unforeseen circumstances. So please bring a good book or something else to keep you entertained.

