

Angiograms Checklist

- If you live alone or in the country you will need to stay overnight in the hospital.

- If you live with somebody in the metropolitan area and your procedure is performed in the morning you may qualify as a day case. For these, you will be able to go home after 6 to 8 hours of observation.

- Please have somebody pick you up from the hospital.

- Most people would be fit to drive again after 48 hours.

- Please ensure you drink plenty of water in the first 36 hours after your operation to flush your kidneys.

- If you are a diabetic with impaired kidney function and you are taking Metformin as medication this should be withheld for 48 hours after your procedure.

- If you are on diabetic medications that contain dapagliflozin or empagliflozin (Forxiga, Qtern, Xigduo XR, Jardiance, Jardiamet or Glyxambi) these should be withheld for up to 4 days after the procedure.

- Usually, all blood thinning medications can be restarted the next morning.

- Please avoid strenuous exercise or heavy lifting for 48 hours.

- In the unlikely event that you experience unusual pain or increasing swelling in the groin where the needle was inserted please contact us immediately. If it is after-hours please have the nearest emergency department check your groin without delay. Do not wait until the next morning.

- In the unlikely event that you experience bleeding from the puncture site, please put pressure on the groin and call an ambulance as you will require medical attention.

- You may have been prescribed some additional blood thinners or other tablets to ensure that the operated blood vessels stay open. Please take them as instructed and do not stop unless advised by Dr Ritter or another medical professional. Should another practitioner request that you stop one of the prescribed blood thinners please let Dr Ritter know.

- Follow-up is important for good outcomes. Dr Ritter will arrange review appointments at appropriate intervals.

